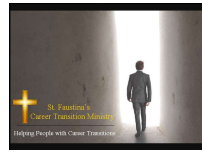


St. Faustina's Career Transition Ministry

Prayer and Companionship



How can this help you?

Being unemployed can be a difficult time for us. While we are employed or when we are in school, we feel as if we are a contributing member of society. We are contributing every day to the success of an organization, the success of our family and our own personal success. When we lose a job or are finished with school and are first starting out, we can sometimes get lost as to what is our purpose.

We ask ourselves:

What do we do now?

How did this happen?

Why is this happening to me?

This can lead to self-doubt and depression for ourselves and those that love us. In the Scripture, we learn that God loves us unconditionally and has a plan for us to achieve happiness through His Grace. During times like this we don't understand His plan for us and we need His guidance the most. This is why we pray to Him and ask him to guide us even if we don't understand why this is happening.

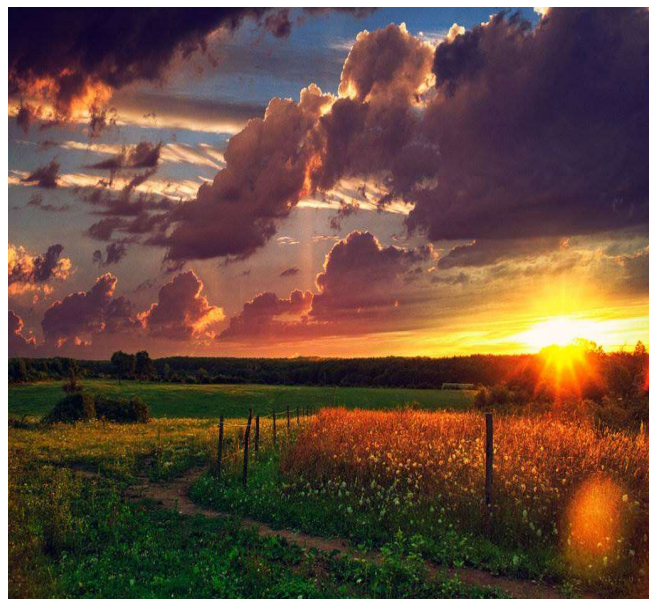
Together we can find comfort in prayer and know that there is a better plan for us.

One prayer that is commonly used is the **Serenity Prayer**.

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

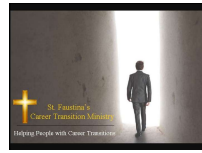
Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as He did, this sinful world
as it is, not as I would have it;
Trusting that He will make all things right
if I surrender to His Will;
That I may be reasonably happy in this life
and supremely happy with Him
Forever in the next.

Amen.



St. Faustina's Career Transition Ministry

Prayer and Companionship



Proverbs 3; 5-6

Trust in the LORD with all your heart
and lean not on your own understanding;
in all your ways acknowledge him,
and he will direct your paths.

Thomas Merton's Prayer

My Lord God, I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
nor do I really know myself,
and the fact that I think that I am following your will,
does not mean that I am actually doing so.
But I believe that the desire to please You does, in fact, please You.
And I hope I have the desire in all that I am doing.
I hope that I will never do anything apart from that desire.
I know that if I do this, You will lead me by the right road
though I may know nothing about it.
Therefore, I will trust You always
though I may seem to be lost and in the shadow of death.
I will not fear, for You are ever with me,
and You will never leave me to face my perils alone.

Thomas Merton (1915-1968)

The Novena to Saint Cajetan for the Unemployed

Pray for yourself and other job seekers!

Novena: Say once a day for nine days

Lord Jesus Christ, you call all who are weary to come to You for support, Lord, I am worn out by my inability to find wage-earning work. Day after day, my worry and fear grow each day I go without work. I am able and willing to work---but I cannot find a worthwhile job. Through the intercessions of Saint Cajetan, help me to find work that will let me provide for myself and for those who depend on me.

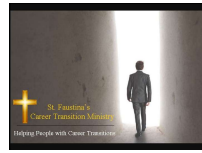
Dear Saint Cajetan, you understand the hardships and difficulties in getting the necessities of life. Look kindly on me now as I face the same difficulties. Help me to find suitable employment. Through my work I want to meet my physical needs and to grow spiritually. I trust you, Saint Cajetan, to hear my prayers and intercede for me. I will share your goodness with others that they may know your power with God and give Him honor and glory.

Recite one Our Father, on Hail Mary, and one Glory Be.

(continued next page)

St. Faustina's Career Transition Ministry

Prayer and Companionship



Our Father

Our Father,
Who art in Heaven
Hallowed be Thy Name;
Thy kingdom come,
Thy will be done, on Earth as it is in Heaven.
Give this day our daily bread, and forgive for our trespasses
As we forgive others who trespass against us,
And lead us not into temptation but deliver us from evil. Amen

Hail Mary

Hail Mary, full of Grace,
Our Lord is with thee.
Blessed art thou amongst women
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for our sinners,
Now and at the hour of our death. Amen

Glory Be

Glory be to Father, Son and Holy Spirit
As it was in the beginning,
Is now
And ever shall be, world without end.
Amen

Glorious Saint Cajetan, you are the patron of all who need work. Obtain for me, please, the ability to find work, to work conscientiously, and to put devotion to duty before my selfish inclinations.

Help me to find work and to labor in thankfulness and joy. For it is an honor to employ and to develop, by my labor, the gifts I have received from almighty God.

Grant that once I find work that I may work in orderliness, peace, moderation, and patience without ever shrinking from weariness and difficulties.

I offer all of my fatigue and perplexities as reparation for sin.

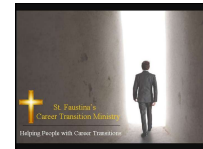
I shall work, above all, with a pure intention and with detachment from self, having always before my eyes the hour of my death and the accounting which I must render for time ill-spent, of talents wasted, of good undone, and of empty pride which is fatal to the work of God.

For Jesus through Mary, all in imitation of you, good Saint Cajetan. This shall be my motto in life and in death.

Amen.

St. Faustina's Career Transition Ministry

Prayer and Companionship



Companionship & Spiritual Opportunities

Through companionship, you realize that you're not alone in your struggle. Together we can help one another. We can:

- Talk openly without judgment or fear and know that our members understand what we are going through.
- Help one another by offering different perspectives and advise on how to achieve our goals
- Keep each other focused on our goals and cheer each other up during times of doubt.

You know that we're in this together. We can help each other find the path that God has planned for us.

Spiritual Growth Opportunities

Daily Masses	Tuesday - Friday, 8:30 a.m.
Weekend Masses	Saturday - 5:00 p.m. Sunday - 9:00 a.m. & 11:00 a.m. Misa en Espanol - Sunday - 1:00 p.m.
Sacrament of Penance	Tuesday - 9:00 a.m. after the 8:30 a.m. Mass Friday - 6:00 p.m. to 7:00 p.m. First Friday Saturday - 3:00 p.m. to 4:45 p.m.
Adoration Times	Thursday – 9:00 a.m. to 10:00 a.m. Friday – 6:00 p.m. to 7:00 p.m.

Service

"A new command I give you: Love one another. As I have loved you, so you must love one another. This is how all will know that you are my disciples, if you have love for one another." John 13: 34-35

The Corporal Works of Mercy

To feed the hungry.
To give drink to the thirsty.
To clothe the naked.
To visit those in prison.
To shelter the homeless.
To visit the sick.
To bury the dead.

The Spiritual Works of Mercy

To forgive all injuries.
To instruct the ignorant.
To counsel the doubtful.
To comfort the sorrowful.
To bear wrongs patiently.
To admonish sinners.
To pray for the living and the dead.

See the St Faustina's Catholic Church website and weekly bulletin for parish ministries.

Are you being called to serve?